

# Roadmap

Each session is 2 hours once a week

Rediscover your dreams  
Select some dream goals for focus action  
Life Balance – Dreams in all areas of life  
Power tool to implement Goals

SESSION 1

Get the slight edge  
Positive Expectancy and how to harness the law of attraction  
Attitude assessment tool  
Dream exploration tool

SESSION 2

The law of abundance  
How to 'see' the opportunity  
Mental & Physical areas of growth  
Work-Life balance how this applies to you

SESSION 3

Leverage the most powerful force in you- your subconscious  
How to get it engaged  
How to 'reprogram' YOUR computer, your mind for this!

SESSION 4

Persistence  
The will-to-do  
What keeps you going and what you can do about it  
Dream new dreams  
Further opportunities

SESSION 5

**ATTITUDE IS EVERYTHING – your staircase to make your dreams come true**